

Christians and Suicide

| Why? | Sanctity of Life | What Is Suicide? |
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| <p>Hopelessness</p> <p>Addictions - wanting the pain to stop</p> <p>Low self-esteem</p> <p>Side effects of medications</p> <p>Mental illness - from physical problems - Depression</p> <p>Abuse</p> <p>Emptiness - Loneliness</p> <p>Grief</p> <p>Fear</p> <p>Trauma</p> <p>Anger</p> <p>Peer-Pressure/Bullying</p> <p>Finances - Losing Job</p> <p>Pressure to measure up - Stress</p> <p>Guilt and Shame</p> <p>Loss</p> <p>Wrong Focus - self and circumstances - dwell on Satan's lies instead of God's truth</p> <p>Physical reasons - not think clearly</p> | <p>Phil 1:21-26 - to be with Christ would be great but to minister to people for Christ is his job - it is his joy</p> <p>Eph 2:10 - we are His workmanship created for good works</p> <p>Jer 1:5; Psalms 139:13-16 - God formed us just the way He wanted us</p> <p>Dt 32:39 - life and death are in the hands of God</p> <p>I Cor 6:19-20 - you are not your own - bought with a price - glorify God in your body</p> <p>Ps 139:16; Job 7:1; 14:5-6 - our days are numbered by God</p> <p>Ps 90:12 - number our days - we have a purpose - we are striving after God's wisdom</p> | <p>Murder (self-murder)</p> <p>Ex 20:13 - Don't murder - snuffing out a life that has been made in the image of God - killing one of God's creations</p> <p>Is suicide a sin? - Yes</p> <ul style="list-style-type: none"> - self-hatred/loathing/esteem - Dwelling on the wrong thoughts - Mt 5:21-24, 27-30 - thought process is the sin - Thought process is thinking about killing self for whatever reason <p>Wishing you were dead - lack of gratitude</p> |

| Thought Life of Believer | Dealing with Pain | Questions |
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