

Part 4

Teens In Crisis

Handling thoughts of worthlessness

I. How do you handle those thoughts of worthlessness?

a. Stop them at the door with the _____

i. John 15:16

1. You did not choose Me but I choose _____
2. You should go into the world and you should bear _____
3. If God choose you He has a _____ for you
4. you have to be _____ in yourself – not concerned about what people think of you
5. anytime a thought comes to you that you don't have worth or value – those thoughts come from _____

ii. Ephesians 1:3-5

1. He chose you to be part of the _____ of God before the foundation of the world
2. before God created the world – He _____ you
3. He marked out beforehand – He planned your adoption – He wanted you to be His _____
 - a. That gives you a lot of worth and a lot of value

iii. Psalms 139:13-17

1. I am fearfully and _____ made
2. you are _____ to God
3. God created you – He _____ you this way
4. you can't be preoccupied with _____

II. How do I handle _____?

a. Understanding that God is _____

i. Reign = rule

ii. God rules over _____

iii. We are not to live in _____

iv. II Timothy 1:7

1. God has not gives us a spirit of _____

2. He has given us power, love, and a _____ mind – a mind under control

a. God is omnipotent

i. omni – _____

ii. potent – _____

b. God lives in you and God is love

i. I John 4:18 – there is no fear in _____

ii. Fear comes from the _____

iii. Perfect love casts out fear because fear involves _____ or torment

iv. To be perfected in love is to know that God _____ you

v. The thoughts that He has for you are thoughts of _____ and not for evil to give you a future and a _____

vi. Whatever comes into your life is filtered through fingers of _____

vii. No one can touch me without God's _____

b. God's sovereignty

i. Daniel 4:34 – His kingdom is an _____ kingdom

1. He does His will

2. none can stay God's _____

ii. Deuteronomy 32:39

iii. Psalm 56:3-4 – when I am afraid I will put my _____ in Thee - what can man do to me when there is a God who is sovereign

iv. Psalm 56:11 – what can man do to _____?

v. Romans 8:28-29 – God causes all things to work together for _____ to those who love Him

1. before the foundation of the world, I knew you, I choose you

2. everything in your life is going to work together for good to make you more in the image of His _____

3. you don't need to fear anything for God is in _____

vi. Isaiah 14:24, 27

1. God is in control

2. I have a plan for your _____

vii. Psalm 55:22 – cast your burden on the _____ and he will sustain you

viii. You need to take these truths and bring them to the door of your mind and let them answer the _____ when he knocks