

Trust -

It means to attach oneself, to trust, confide in, feel safe, be confident, secure.

Its basic idea is associated with firmness or solidity.

This type of hope is a confident expectation, not a constant anxiety

We can truly relax when we know God is in control.

It strongly contrasts the folly of relying upon any other type of security instead of depending on God alone.

Anxiety is the opposite of trust.

Anxiety is the epitome of arrogance. It is thinking that we have control of the circumstance and God does not!

Anxiety doesn't come from thinking about the future. It comes from thinking we can control the future.