#### How to Have Peace and Healing

Exodus 15:26	Philippians 4:4-9	Jeremiah
God is the Physician Word of God is the balm of healing  Jehovah Rapha - God our Healer - if they obey - If you listen to what God says - play by His rules - If you live by His commandments - Obey His statues - not just hear - Then He will be your Healer  God sent His word to the people to heal them - they did not listen  If you reject God's gift of salvation through Jesus Christ - you are rejecting the only thing that can heal you	List the Rules  1. Rejoice in the Lord  2. Let your gentle spirit be known to all men  3. Understand that the Lord is near  4. Be anxious for nothing  5. By prayer and supplication let our requests be made known to God with thanksgiving  6. Think on - dwell on that which is true, honorable, right, pure, lovely, good, excellent, praise worthy  7. Practice what they have learned, received, and heard through the Word of God  Results  - the peace of God which surpasses all understanding will guard your hearts and mind  - The God of peace will be with you	Jer 46:11  - go to Gilead and obtain balm (you have to go to the source - Word of God)  - Healing property and a beauty property in the balm  - The Word of God can make you beautiful (the inside - I Peter 3:3-4)  - In vain you have multiplied your remedies  Jer 2:9-13  - people forsook God - living water  - Hewed themselves cisterns - broken cisterns that hold no water  Where does healing come from - hearing and obeying God's Word

## It's All in Your Head

Control Your Mind	New Way of Thinking	Put On the Armor of God
Battlefield of life is the mind  II Cor 10:3-5 - take every thought captive to the obedience of Christ Phil 4:8 it  Pr 23:7 - as a man thinks within himself so he is  Pr 4:23 - watch over your heart (mind) with all diligence  Mt 15:18-19 - things that proceed out of your mouth come from your heart (mind) - those can defile the man	<ul> <li>Ro 12:1-2</li> <li>become a living sacrifice</li> <li>Die to ourselves - to our flesh - to our desires</li> <li>Live for Christ - we are not to do as we please, we are to do as He says</li> <li>Transformed by the renewing of our minds - we need to start thinking from God's Word</li> <li>Metamorphosis</li> <li>Our minds were under the control of the world - Satan's domain</li> <li>Eph 2:1-3 - we were dead in our trespasses - walked under the influence of the world (Satan) - Now you should no longer walk that way - indulging the flesh</li> <li>I Cor 2:9-16 - God has good things in store for us (Jer 29:11) - understand the thoughts of God - the Spirit reveals those to us -</li> <li>Find out what God's will is for us</li> </ul>	<ul> <li>Eph 6:10-17</li> <li>put on the full armor of God</li> <li>Devil has a plot - Jn 8:44 - he is a murderer and a liar</li> <li>Jn 10:10 - Satan comes to kill, steal, destroy</li> <li>Satan will put wrong thoughts in your mind</li> <li>You need to stand firm</li> <li>Gird your loins in truth - belt of truth</li> <li>Truth is the word of God and everything is anchored on that truth</li> <li>The helmet of salvation - something to protect your mind - new mind - transformed mind - mind of Christ - we need to protect our thoughts</li> </ul>

## Satan Attacks Your Mind

Recognizing Satan's Schemes Fortif	ying Your Mind	Standing Firm
Jn 8:43-44 - you can't hear God Word (truth) if you are walking in the world (controlled by Satan) - He was a murderer from the beginning - Liar and the father of lies - Jesus came so that you may have life abundantly - Suicidal thoughts come from Satan - destructive  Rev 12:10 - Satan is an accuser of the brethren		

# Understanding Our Need for Love and Security

Cutting Off Communication	God's Deep Abiding Love	The Books Were Opened

#### How Do I Handle . . .?

Worthlessness	Fear	Forgiveness/Acceptance