

1/12/26 - Lesson 1

- Write down thoughts and ideas that torment you that you can't seem to shake or conquer
- Memorize Ephesians 6:10-18
- 5-10 entries in the Prayer of Faith
- Add to the lists that we have begun

1/19/26 - Lesson 2, 3

- continue memorizing Ephesians 6:10-18
- 5-10 entries in the Prayer of Faith
- 1 wills of Knowing Your Enemy

In Him/Christ and Other Key Words

In Him

- we have been blessed with every spiritual blessing in the heavenly places (1:3)
- God chose us in Christ before the foundation of the world that we should be holy and blameless (1:4)
- We have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace (1:7)
- God's kind intention which He purposed in Christ (1:9)
- Fullness of the times - summing up of all things in Christ - things in heavens and things on earth (1:10)
- In Christ we have obtained an inheritance (1:10-11)
- Those who were the first to hire in Christ would be to the praise of His glory (1:12)
- In Him after listening to the message of truth were sealed with the Holy Spirit of promise (1:13)
- The working of the strength of God's might which He brought about in Christ (1:20)
- God will show the surpassing riches of His grace in kindness toward us in Christ Jesus (2:7)
- We were made in Christ Jesus for good works which God prepared beforehand so that we would walk in them (2:10)
- In Christ, you were formerly far off have been brought near by the blood of Christ (2:13)
- Abolished the enmity in His flesh so that in Christ might make the two into one new man (2:15)
- The Gentiles are fellow heirs and partakers of the promise in Christ Jesus through the gospel (3:6)
- God's eternal purpose was carried out in Christ (3:11)
- In Him we have boldness and confident access through faith in Him (3:12)
- To God be the glory in the church and in Christ to all generations (3:21)
- We have been taught in Him (4:21)
- God in Christ has forgiven you (4:32)

Christ

- Grace comes through God and Jesus Christ (1:2)
- He blessed us with every spiritual blessing in the heavenly places (1:3)
- We were chosen in Christ before the foundation of the world that we would be holy and blameless before Him (1:4)
- God predestined us to adoption as sons through Jesus Christ to Himself according to the kind intention of His will (1:5)
- In Christ we have redemption through His blood, the forgiveness of our trespasses according to the riches of His grace
- All things are summed up in Christ (1:10)

In Him/Christ and Other Key Words

- Our hope is in Christ (1:12)
- Christ was raised from the dead and seated at the right hand of God in the heavenly places - far above all rule and authority (1:20)
- Even when we were dead in our sins we were made alive together with Christ - by grace you have been saved (2:5)
- We have been raised up with Christ and seated with Him in heavenly places (2:6)
- We were created in Christ for good works (2:10)
- We were separated from Christ, having no hope and without God but in Christ we have been brought near by His blood (2:12-13)
- He is the corner stone in whom the whole building is being fitted together into the holy temple in the Lord - in whom we are being built together into a dwelling of God in the Spirit (2:20)
- We are fellow partakers of the promise in Christ Jesus through the gospel (3:6)
- Unfathomable riches of Christ (3:8)
- He carried out God's eternal purpose and in Him we have boldness and confident access through faith in Him (3:11-12)
- Christ dwells in our hearts through faith (3:17)
- The love of Christ surpasses knowledge (3:19)
- Grace was given according to the measure of Christ's gift (4:7)
- He descended and also ascended far above the heavens so that He might fill all things (4:10)
- We attain knowledge, to a mature man - to the fullness of Christ (4:13)
- Christ is the head from whom the whole body is fitted and held together (4:15-16)
- Truth is in Jesus (4:21)
- He loved us and gave Himself up for us - an offering and sacrifice (5:2)
- Be subject to one another in the fear of Christ (5:21)
- Head of the church, Savior of the body (5:23)
- Loved the church and gave Himself up for her to sanctify her, cleansing her by the washing of water with the word so He may present to Himself the church in all her glory - no spot or wrinkle - that she should be holy and blameless (5:25-27)
- He nourishes and cherishes the church because we are members of His body (5:29-30)
- Need to be slaves of Christ doing the will of God from the heart (6:6)
- Render service to the Lord and not to men (6:7)
- Be strong in the Lord and the strength of His might (6:10)
- (6:23)
- Grace is found by those who love the Lord with incorruptible love (6:24)

In Him/Christ and Other Key Words

Spirit - God's

- we were sealed in Christ with the Holy Spirit of promise (1:13)
- Through Christ we have access in one Spirit to the Father (2:18)
- We are being built together into a dwelling of God in the Spirit (2:22)
- The mystery of Christ has been revealed that we are fellow heirs and partakers of the promise in Christ through the gospel (3:5)
- Strengthened with power through the Holy Spirit in the inner man (3:16)
- We preserve the unity of the Spirit in the bond of peace (4:3)
- There is one body and one Spirit (4:4)
- Don't grieve the Holy Spirit whom you were sealed for the day of redemption (4:30)
- Be filled with the Spirit (5:18)
- The sword of the Spirit is the word of God (6:17)
- Pray at all times in the Spirit - being alert with all perseverance and petition for all the saints (6:18)

Spirit of man

- God gives us the spirit of wisdom and of revelation in the knowledge of Him (1:17)
- There is a spirit that is in the world working in the sons of disobedience (2:2)
- Need to be renewed in the spirit of your mind and put on a new self (4:23-24)

Power

- Prayer - that the eyes of your heart be enlightened so you will know the hope of His calling, the riches of the glory of His inheritance in the saints and the surpassing greatness of His power toward us who believe (1:19)
- Christ was raised from the dead and seated Christ at His right hand in the heavenly places far above all rule and authority and power and dominion and every name named (1:21)
- Formerly walked according to the course of this world and the prince of the power of the air (2:2)
- God's grace was given to me according to the working of His power (3:7)
- We are strengthened with power through the Holy Spirit (3:16)
- Our struggle is not against flesh and blood but abasing the rulers, abasing powers, abasing world forces of this darkness (6:12)

In Him/Christ and Other Key Words

According to

- we have been adopted through Christ according to the kind intention of God's will (1:5)
- We have forgiveness of our sins according to the riches of His grace (1:7)
- God has made known to us His will according to His kind intention which He purposed in Christ (1:9)
- We have an inheritance for us according to God's purpose, working all things after the counsel of His will that through our hope in Christ we would be the praise of His glory (1:11)
- We were dead formerly walked according to the course of this world and the prince of the power of the air - but God rich in mercy and the great love with which He loves us - even those who were dead in our sins, made us alive together with Christ and raised us up with Him and seated us with Him in the heavenly places in Christ Jesus (2:2-6)
- We are partakes of the promise(in Christ Jesus according to the gift of God's grace which was given according to the working of His power (3:6-7)
- He would grant you to be strengthened with power through the Holy Spirit in the inner man, so that Christ may dwell in your hearts through faith according to the riches of His glory (3:16-17)
- He is able to do far more abundantly beyond all that we ask or think according to the power that works within us (3:20)
- We have been given grace according to the measure Christ's gift (4:7)
- He is the head of the body which is being held together in Him according to the proper working of each individual part (4:16)
- Give a word of edification according to the need of the moment so that it will give grace to those who hear (4:29)

Glory

- Praise of the glory of His grace (1:6)
- Those who were first to hope in Christ would be to the praise of His glory (1:12)
- Our inheritance with a view to the redemption of God's own possession to the praise of His glory (1:14)
- God is the Father of glory (1:17)
- Great riches of the glory of His inheritance in the saints (1:18)
- Don't lose heart at my tribulations on your behalf for they are your glory (3:13)
- He would grant you according to the riches of His glory (3:16)
- To Him be the glory in the church and in Christ Jesus to all generations (3:21)
- Jesus will present to Himself the church in all her glory (5:27)

Affirming Prayer of Faith

Take what Scripture says and turn it into a prayer of thanksgiving for what God has done for you through the shed blood of Jesus Christ.

Write 5-10 of these every week as you study and go through Scripture. It will change your life because it will give you ammunition to fight the battle.

Here is an example - Eph 1:3 says that God has blessed you with every spiritual blessing in the heavenly places in Christ Jesus. Here is how you do this.

1. Father, I thank You because You have made me Your child. You have blessed me with all the spiritual blessings I will ever need. I am not and don't need to live like I am a spiritual pauper when I have everything I need in Christ.

2.

Knowing Our Enemy - Satan/Devil

1. He is a schemer - he is very good
2. He is cunning
3. He is a deceiver

Review charts

Our “I Will’s”

I will protect myself from Satan’s schemes by . . .

1. Reminding myself to have the proper attitude in Christ - Phil 2:5-11
2. Not taking a stand in the “I wills” but remember that it is “as the Lord wills” - James 4:13-17
3. Allowing God to run my life REMEMBERING - I am the clay, He is the Potter - I am the created, He is the Creator - I am the servant, He is the Master (Lord) - I am human, He is God
4. Remembering that what happens in my life is God’s prerogative, His will