

1. LET'S FOCUS ESSENTIAL OIL DIFFUSER RECIPE

This is a much-loved combo, and for good reason! It's perfect to increase alertness, or when you need a quick pick-me-up.

- 2 drops wild orange essential oil
- 2 drops peppermint essential oil

2. FRESH AND CLEAN ESSENTIAL OIL DIFFUSER RECIPE

This blend is wonderful for creating a welcoming atmosphere in your home. It's bright and fresh:

- 2 drops lavender essential oil
- 2 drops lemon essential oil
- 2 drops rosemary essential oil

3. ODOR ELIMINATOR ESSENTIAL OIL DIFFUSER RECIPE

We are animal-people, and we've had our fair share of "incidences" in our house. Whenever this happens, I like to diffuse this blend. It freshens up the air in no time:

- 2 drops lemon essential oil
- 1 drop melaleuca essential oil
- 1 drop cilantro essential oil
- 1 drop lime essential oil

4. SEASONAL SUPPORT ESSENTIAL OIL DIFFUSER RECIPE

These three oils together are spectacular for helping to maintain clear breathing and a healthy immune response. I use this blend especially during the spring and summer months.

- 2 drops lavender essential oil
- 2 drops lemon essential oil
- 2 drops peppermint essential oil

5. CITRUS EXPLOSION ESSENTIAL OIL DIFFUSER RECIPE

I love diffusing citrus blends when we have company coming over. It makes my house smell happy and clean.

- 1 drop lemon essential oil
- 2 drops wild orange essential oil
- 1 drop lime essential oil
- 1 drop grapefruit essential oil

6. DEEP BREATH ESSENTIAL OIL DIFFUSER RECIPE

I tend to be a very high-energy person. The good part of that? I get a lot done. The bad part? I have a hard time settling down sometimes...

I adore this blend for the evenings when I'm trying to slow my brain down, and I also like to diffuse it in the bedroom as I fall asleep:

- 1 drop bergamot essential oil
- 1 drop patchouli essential oil
- 1 drop ylang ylang essential oil

7. RESPIRATORY SUPPORT ESSENTIAL OIL DIFFUSER RECIPE

Use this blend to support respiratory function—especially during the winter months.

- 1 drop lemon essential oil
- 1 drop eucalyptus essential oil
- 2 drops peppermint essential oil
- 1 drop rosemary essential oil

8. FLOWER GARDEN ESSENTIAL OIL DIFFUSER RECIPE

Want your home to smell like a flower garden in full bloom? Try this one:

- 1 drop geranium essential oil
- 2 drops lavender essential oil
- 2 drops roman chamomile essential oil

9. MAN-CAVE ESSENTIAL OIL DIFFUSER RECIPE

I think this combo smells very masculine and woody... Although I enjoy it too.

- 2 drops white first essential oil
- 2 drops cypress essential oil
- 2 drops wintergreen essential oil

10. BUG REPELLENT ESSENTIAL OIL DIFFUSER RECIPE

This combo isn't one that I'd necessarily wear as perfume, but it contains a collection of oils that most creepy-crawlies dislike:

- 1 drop lemongrass essential oil
- 1 drop thyme essential oil
- 1 drop eucalyptus essential oil
- 1 drop basil essential oil

11. SPICED CHAI ESSENTIAL OIL DIFFUSER RECIPE

Craving a cup of chai? Either make my [homemade chai tea concentrate](#), or put this blend in your diffuser:

- 3 drops cardamom essential oil
- 2 drops cassia essential oil
- 2 drops clove essential oil
- 1 drop ginger essential oil

12. SPICEY CITRUS ESSENTIAL OIL DIFFUSER RECIPE

What autumn should smell like.

- 3 drops wild orange essential oil
- 2 drops cinnamon bark essential oil
- 1 drop clove essential oil

13. WOODSY ESSENTIAL OIL DIFFUSER RECIPE

Feeling like a walk in the woods, but stuck at home? Try this instead:

- 3 drops frankincense essential oil
- 2 drops white fir essential oil
- 1 drop cedarwood essential oil

14. IMMUNE BOOSTER ESSENTIAL OIL DIFFUSER RECIPE

A perfect option during cold and flu season:

- 1 drop rosemary essential oil
- 1 drop clove essential oil
- 1 drop eucalyptus essential oil
- 1 drop cinnamon bark essential oil
- 1 drop wild orange essential oil

15. ANTI-STRESS ESSENTIAL OIL DIFFUSER RECIPE

Feeling frazzled? This is one of my favorite combos:

- 2 drops frankincense essential oil
- 2 drops bergamot essential oil

16. G'NIGHT ESSENTIAL OIL DIFFUSER RECIPE

For a sweet night's sleep:

- 2 drops lavender essential oil
- 2 drops chamomile essential oil
- 2 drops vetiver essential oil

17. CANDY STORE ESSENTIAL OIL DIFFUSER RECIPE

I don't know why, but this one smells like candy. The kids love it, and it'll make your house happy.

- 2 drops wild orange essential oil
- 2 drop wintergreen essential oil

18. ENERGIZE ESSENTIAL OIL DIFFUSER RECIPE

Diffuse this one first thing in the morning for a big boost:

- 2 drops wild orange essential oil
- 2 drops frankincense essential oil
- 2 drops cinnamon essential oil

19. GROUNDING ESSENTIAL OIL DIFFUSER RECIPE

For those moments when everyone really needs to chill out:

- 2 drops vetiver essential oil
- 2 drops cedarwood essential oil

20. HAPPY HOLIDAY ESSENTIAL OIL DIFFUSER RECIPE

- 2 drops white fir
- 2 drops wild orange
- 1 drop wintergreen

21. Energizer

- 3 drops lemon
- 5 drops neroli (orange)
- 2 drops ginger