

## Lord, Heal My Hurts - The Battle's On - Lesson 10

Resisting Satan	Spiritual Battle
<p>Remember - Jesus is the victor - we are victorious through Him</p> <ul style="list-style-type: none"> <li>- Jam 4:7 - Submit therefore to God. Resist the devil and he will flee from you</li> </ul> <p>Jesus' example - Mt 4:1-11</p> <ul style="list-style-type: none"> <li>- Satan attacks when we are weak</li> <li>- Offers him bread - lust of the flesh</li> <li>- Pride of life - prove You are who You say are</li> <li>- Lust of the eyes - he offers Jesus the kingdoms if He will worship Him</li> <li>- Gen 3:6; I Jn 2:16</li> <li>- Jesus' response was the Word of God</li> </ul> <p>Satan will try to wear us down</p> <p>Phil 4:8 his battle - we need to verbally tell Satan he has no place in our life and why</p>	<p>Eph 6:10-20</p> <ul style="list-style-type: none"> <li>- be strong in the Lord (10)</li> <li>- Put on the full armor of God (11)</li> <li>- Stand firm against the schemes of the devil</li> <li>- Our struggles isn't with flesh and blood (12)</li> <li>- Put on the armor resist in the evil day and stand firm (13)</li> <li>- Girding loins with truth (14) - belt</li> <li>- Breastplate of righteousness</li> <li>- Feet shod with the gospel of peace (15)</li> <li>- Shield of faith - extinguish the flaming missiles (16)</li> <li>- Helmet of salvation (covering of your mind) (17)</li> <li>- Sword of the Spirit which is the Word of God</li> <li>- Pray at all times in the Spirit (18)</li> <li>- That we all speak with boldness proclaiming the gospel of peace</li> <li>- Be on the alert with all perseverance</li> </ul>

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Putting On the Armor	Bondage of Self
<p>Satan wants to keep you</p> <ul style="list-style-type: none"> <li>- from turning to the Physician - Jesus</li> <li>- From applying the Balm - Word of God</li> <li>- Focused on your hurts and consumed with your pain</li> <li>- From being effective for God's kingdom</li> </ul> <p>Put on:</p> <ul style="list-style-type: none"> <li>- belt of truth - I believe Your Word and will stand in Your truth. Let Your truth hold my life together</li> <li>- Breastplate of righteousness - I have been made righteous through the blood of Jesus - my sins are forgiven and there is no condemnation in You (II Cor 5:21; Phil 3:9; I Pe 2:24; Ro 8:1)</li> <li>- Shoes of peace - let me walk in peace with You and my brethren and take the message of peace to the world</li> </ul> <p>Take up</p> <ul style="list-style-type: none"> <li>- Shield of faith - protect me from the fiery darts of the evil one. Let me combat it with truths from Your Word</li> <li>- Helmet of salvation - protect my mind and help me to Phil 4:8 my thoughts taking captive those that don't belong</li> <li>- Sword of the Spirit - help me to wield my sword effectively as I encounter evil in this world (Jn 15:7)</li> </ul>	<p>I FEEL, I THINK - we can't live in feelings we need to live in truth</p> <p>Self and feelings are ruling my life - this is bondage</p> <p>Counselors, psychologists - self-love, self-worth, self-acceptance, self-esteem, power of positive thinking, power of positive confession</p> <p>Healing comes from exposure to and obedience to the Word of God - being strong in the Lord and the strength of His might</p> <p>Warning</p> <ul style="list-style-type: none"> <li>- from the beginning Satan cast doubt on God's Word</li> <li>- Word of God is all you need in order to be perfect, thoroughly adequate for life (II Tim 3:16-17)</li> <li>- Satan wants you to doubt, ignore, disobey God's Word</li> </ul> <p><b>KNOW GOD! KNOW HIS WORD! LIVE ACCORDINGLY!</b></p>

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Dealing with the Hurt	22 Day Challenge
<p>Step 1 - admit there is a problem</p> <p>Step 2 - Apply God's Word - Balm of Gilead</p> <ul style="list-style-type: none"> <li>- look at who you are in Christ</li> <li>- Keep focus on who HE IS - anything you have is a gift from Him</li> <li>- Concentrate on what it means to be a child of God - the Word is our mirror</li> <li>- Transformed in our minds - think Godly and live Godly (Jam 1:22-25)</li> </ul>	<p>Read Ps 119 - record the effects of living by the Law of the Lord</p> <p>Goes in sections with 8 verses - 22 sections</p> <p><b><u>Ministering to Others</u></b></p> <ul style="list-style-type: none"> <li>- II Cor 1:3-5 - the comfort you receive will enable to help others</li> <li>- Eph 2:10 - God has prepared and planned good works for you</li> <li>- If you have dealt with pain - it is for your edification, to draw you nearer, to bring glory to Him, as you are enabled to minister to others</li> <li>- Our call is to minister to others</li> <li>- Ro 12:10-11, 15</li> <li>- II Cor 1:3-5</li> <li>- Gal 6:1-2</li> <li>- Eph 6:18-19</li> <li>- I Thes 5:14-15</li> <li>- He 10:24-25</li> <li>- Eph 4:15-16</li> <li>- Ps 119:24</li> <li>- Is 9:6</li> </ul>