

## Lord, Heal My Hurts - Your Mind: The Battlefield - Lesson 9

Satan's Trap	Battle of the Mind - II Cor 10:3-7
<p>Acts 26:18 - Christ freed us from Satan's dark domain</p> <ul style="list-style-type: none"><li>- the battle does not end until Jesus comes back</li><li>- Satan wants to make us ineffectual for Christ</li><li>- If the devil can't make you bad, he'll make you busy</li><li>- Satan attacks the mind</li><li>- Evil comes from the heart/mind - Pr 23:7</li><li>- Watch over your heart - Pr 4:23</li><li>- Satan wants to fill your mind with things contrary to God's Word - Jn 8:4</li><li>- Satan focuses on your past - God focuses on your present and future</li><li>- We are to press on for the prize of the upward call of Christ - Phil 3:13-14</li></ul>	<ul style="list-style-type: none"><li>- we walk in the flesh</li><li>- We don't wage war according to flesh</li><li>- Our weapons are divinely powerful for the destruction of fortresses (strongholds) - fort</li><li>- Destroying speculations (imagination) - intentions, thoughts, philosophies, religions that are hostile to the gospel</li><li>- Destroy every lofty thing raised up against God</li><li>- Take every thought captive to the obedience of Christ</li><li>- Look at everything our mind wants to dwell on - Is it God honoring?</li></ul>

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Paul's Example	Frisk It
<ul style="list-style-type: none"> <li>- many he ministered to didn't appreciate him</li> <li>- Some that were close to him, turned on him</li> <li>- Ministering in a Greek world - worshiped beauty, knowledge - great communicators - Paul was outwardly unfavorable, his speech was contemptible, his message was weighty</li> <li>- Satan tried to destroy Paul's reputation by the wagging tongues of the church - shooting fiery darts at him</li> </ul> <p>Paul's response</p> <ul style="list-style-type: none"> <li>- steel his mind with the Word of God</li> <li>- Shut out the accusations and the cutting remarks</li> <li>- He knew Satan's schemes - not battling flesh and blood</li> </ul> <p>Satan wants to build strongholds in our mind</p> <ul style="list-style-type: none"> <li>- stop him</li> <li>- In a military campaign - set up a beachhead in enemy territory - Satan tries that in your mind</li> <li>- We help Satan - entertainment</li> <li>- Destroy the fortresses that Satan tries to build - by filling our minds with the Word of God</li> </ul>	<ul style="list-style-type: none"> <li>- Satan is waiting and knocking at our minds</li> <li>- We have to open the door - he has no power over your mind</li> <li>- He bombards your mind with lies, half truths, accusations</li> <li>- Satan is subtle - he never announces his intentions</li> </ul> <p>Every thought needs to be taken captive to the obedience of Christ</p> <p>We need to the submit to God's Word</p> <p>Phil 4:8</p> <ul style="list-style-type: none"> <li>- True</li> <li>- Honorable</li> <li>- Right</li> <li>- Pure</li> <li>- Lovely</li> <li>- Good repute</li> <li>- Excellence</li> <li>- Worthy of praise</li> <li>- DWELL ON THESE THINGS</li> </ul>

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Rejection	Others May Reject You - God Won't
<p>Hurt - isolation - destructive</p> <p>Understand where it comes from - learn how to deal with it</p> <p>If only</p> <ul style="list-style-type: none"> <li>- I could have been perfect</li> <li>- I had(n't)</li> <li>- I were different, better, prettier, talent</li> <li>- Why am I so . . .</li> </ul> <ol style="list-style-type: none"> <li>1. Bringing those thoughts captive</li> <li>2. Listen to God's Word</li> <li>3. Believe God's Word</li> <li>4. Walk in obedience to His Word</li> <li>5. Accept that by the grace of God I am what I am - I Cor 15:10</li> <li>6. Learn from your mistakes - allow refining in your life</li> <li>7. Forget what lies behind and reach for what lies ahead (Ph 3:13-14)</li> <li>8. Remember others were rejected before you - Christ, Paul, prophets</li> <li>9. Remember you are God's bondservant - not man's (Gal 1:10)</li> </ol>	<ul style="list-style-type: none"> <li>- Mt 10:34-37 - we will not have peace in this world - make God first in our lives</li> <li>- Jn 15:18-21 - the world rejected Jesus - it will hate us as well</li> <li>- Ps 27:7-10 - He will not abandon you but will take you up to Himself</li> <li>- He 13:5-6 - He will never leave us or forsake us</li> <li>- Eph 1:5-6 - predestined to be adopted as sons through Jesus Christ</li> <li>- Is 49:14-16 - you are inscribed on the palms of His hands</li> <li>- Jer 31:3 - He loves us with an everlasting love</li> <li>- Ro 8:1, 35-39 - there is no condemnation for those in Christ, nothing can separate us from the love of God</li> </ul>

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Depression	Praying Back Scripture - Psalms 42-43
<ul style="list-style-type: none"> <li>- depressed = pressed down, thoughts are not under control (rehearsing our past, dwelling on our mistakes, failures, weaknesses, etc)</li> <li>- Angry with God and man</li> <li>- Allow circumstances to overwhelm us</li> <li>- Symptom of depression - unbelief - root</li> </ul> <p>Reason through the Word</p> <ul style="list-style-type: none"> <li>- everything you did before you were saved is not a part of the new you (I Cor 6:9-11)</li> <li>- If you were molested, abused, demeaned, rejected before you were saved - that person died with Christ (Ro 6:6)</li> <li>- Don't sit on the old man's tombstone and reminisce - those thoughts are not pleasing to God - take it to God in prayer</li> </ul>	<p>42:5, 6, 11; 43:5 - why are you in despair, why are you disturbed?</p> <p>Despair = lack of hope</p> <p>42:9; 43:2 - why have You rejected me and let me be oppressed?</p> <p>42:3, 10 - where is your God? - this is the world's perception of our attitude</p> <p>Where is your hope?</p> <ul style="list-style-type: none"> <li>- hope is in God - praise Him (42:5, 11; 43:5)</li> <li>- His presence is our help (42:5)</li> <li>- Commands His loving kindness towards us (8)</li> <li>- God of my life (8)</li> <li>- He is my rock (9)</li> <li>- He is the help of my countenance (11; 43:5)</li> <li>- God of my strength (43:2)</li> <li>- He leads us by His light and His truth (3)</li> <li>- He is my exceeding joy (4)</li> </ul> <p>What should we do</p> <ul style="list-style-type: none"> <li>- longing for God and the water of His Word - He is our lifeline (42:1-2)</li> <li>- Go to the house of God - worshiping with joy and thanksgiving (42:4)</li> <li>- Remember the things that God has done (42:6-7)</li> <li>- Going to the altar of God and praise Him (43:3-4)</li> </ul>